

**Day 1: Friday 6 September 2024**

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|--------------------------------|--|---------------|---|
| Time                           | PoCUS Workshop:<br>(Breakaway Venue 4 - First Floor)                 | Time          | PhD Workshop:<br>(Breakaway Venue 6 - First Floor)  |
| 07h30 – 08h00                  | Registration - All conference delegates                              | 08h30 – 09h00 | Registration - All conference delegates   |
| 08h00 – 08h15                  | Introduction and Welcome (15 min)                                    | 09h30 – 11h00 | <b>OPENING PLENARY (90 MINUTES)</b><br><b>Welcome and brief check-in</b> (Klaus von Pressentin)<br><b>Doctorateness and the PhD</b> (Mergan Naidoo)<br><b>Supervision overview</b><br><ul style="list-style-type: none"> <li>- <b>Masters vs Doctoral</b> (Bob Mash)</li> <li>- <b>Practice of supervision, roles and responsibilities of supervisor vs supervisee, supervision agreements</b> (Klaus von Pressentin)</li> </ul> <b>Models of supervisions: single, co-supervision, cohort</b>  |
| 08h15 – 08h30                  | MODULE 1 (15 min)<br><b>Principles in PoCUS</b>                      |               |   |
| 08h30 – 09h00                  | MODULE 2 (30 min)<br><b>Ultrasound Basics &amp; Machine Settings</b> |               |   |
| 09h00 – 09h30                  | MODULE 3 (45 min)<br><b>PoCUS in Trauma (eFAST)</b>                  |               |   |
| 09h30 – 10h00                  | HANDS-ON SESSION   |               |   |
| 10h00 – 10h30                  | Tea / Coffee Break   |               |   |
| 10h30 - 11h00                  | MODULE 4 (30 min)<br><b>Basic Cardiac PoCUS</b>                      |               |   |
| 11h00 - 12h00                  | MODULE 5 (30 min)<br><b>Vascular Access</b>                          | 11h00 – 11h15 | Tea / Coffee Break  |
| 12h00 – 12h30                  | HANDS-ON SESSION   | 11h15 – 13h00 | <b>GROUP WORK (105 MINUTES)</b><br><b>Dreamers getting started</b> (Gert Marincowitz)<br><ul style="list-style-type: none"> <li>- <b>Getting started with your PhD – finding your supervisor and topic</b> (Deidre Pretorius)</li> <li>- <b>Reviewing and refining your research questions and alignment with potential study designs/methodology</b></li> </ul> <b>Doers – research supervisions</b> (Bob Mash)<br><ul style="list-style-type: none"> <li>- <b>Academic writing and how to develop this</b> (Mergan Naidoo)</li> <li>- <b>Providing feedback</b> (Klaus von Pressentin)</li> </ul> |
| 12h30 - 13h30                  | LUNCH  | 13h00 – 13h45 | LUNCH   |
| 13h30 - 14h00                  | MODULE 6 (30 min)<br><b>Lung in PoCUS</b>                            | 13h45 – 15h30 | <b>GROUP WORK (CONTINUED) (105 MINUTES)</b>   |
| 14h00 - 14h30                  | HANDS-ON SESSION   |               |   |
| 14h30 - 15h00                  | MODULE 7 (30 min)<br><b>DVT PoCUS</b>                                |               |   |
| 15h00 - 15h30                  | HANDS-ON SESSION   |               |   |

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|---------------|-----------------|---------------|---|
| 15h30 - 16h00 | Wrap Up & Close | 15h30 - 15h45 | Tea / Coffee Break  |
|               |                 | 15h45 - 16h30 | FINAL PLENARY (45 min)<br><b><i>Reflection on the day</i></b><br><b><i>Next steps and recommendations for individuals, departments and the SAAFP Research Committee</i></b> |