

SAAFP PRIVATE SECTOR FORUM POSITION STATEMENT

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FAMILY MEDICINE SPECIALIST AND THE PRIVATE HEALTHCARE LANDSCAPE

- ❖ Currently in South Africa, majority of qualified Family Medicine Specialists (FCFP) practice as general practitioners within GP practices in the private sector, despite completing a 4-year post-graduate specialist training programme.
- ❖ One of the key stumbling blocks restricting the growth of Family medicine specialists within the private sector is the discrepancy in reimbursement between them and other specialists (Physicians, Paediatricians, Gynaecologists, Psychiatrists).
- ❖ There seems to be limited knowledge amongst funders regarding our specialist scope of practice that makes our service offerings a cost-effective intervention to improve both individual and population health outcomes within a community.

FAMILY MEDICINE SPECIALISTS IN THE PRIVATE SECTOR

- ❖ Growth of the discipline within the private healthcare landscape would bridge the vast gap in the private healthcare system between the General Practitioner and hospital-based Specialists. This would greatly contribute to reducing both the waiting period for specialist consultations while the patient's condition deteriorates, and the exorbitant specialist services related hospital costs to both patients and funders.
- ❖ Family medicine specialist training through all the specialties (internal medicine, surgery, anaesthesia, paediatrics, psychiatry, dermatology, ENT, obstetrics and gynaecology) makes them well equipped to manage most of the commonest conditions at a specialist level in an outpatient setting.
- ❖ The disciplines focus on preventative health and knowledge of motivational interviewing/behaviour modification makes us an integral addition to any primary healthcare interventions.

FAMILY MEDICINE TRAINING LOGBOOK

Core skills for the training of family physicians

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessment ; 2 nd assessment	
Adult Health				
<i>Perform common side-room tests</i>	Use a glucometer			
	Use a haemoglobinometer			
	Perform a pregnancy test			
	Perform urinalysis			
<i>Adult health – General</i>	Venepuncture			
	Femoral vein puncture			
	Lumbar puncture			
	Routine intravenous access in adults			
	Lymph node excision biopsy			
	Perform point-of-care counselling and testing for HIV			
	<i>Adults – Musculoskeletal</i>	Measure shortening of the legs		
		Aspirate and inject the knee joint		
		Inject tennis elbow or golfer's elbow		
		Interpret radiographs of joints and bones		
Inject carpal tunnel syndrome				
	Inject De Quervain's tenosynovitis			
	Inject the shoulder and subacromial			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessment ; 2 nd assessment
	bursa		
	Inject trochanteric bursitis		
<i>Adults – Abdomen</i>	Incision and drainage of perianal haematoma		
	Interpret the abdominal radiograph in an adult		
	Proctoscopy		
	Interpret barium swallows		
<i>Adults – Chest</i>	Electrocardiogram set up, record and interpret		
	Interpret chest radiograph		
	Measure peak expiratory flow		
	Nebulise a patient		
	Pleural tap		
	Use inhalers and spacers		
	Perform and interpret exercise stress test		
	Perform and interpret office spirometry		
<i>Adults – Urology</i>	Penile block		
	Reduce a paraphimosis		
	Male medical circumcision		
	Drain hydrocele		
	Insert a urinary catheter		
	Insert a suprapubic catheter		
	Interpret intravenous pyelogram		
	Vasectomy		

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm; 2 nd assessm.	
<i>Eyes</i>	Excision of chalazion			
	Use a Schiøtz tonometer			
	Fundoscopy			
	Instil drops or apply ointment			
	Remove foreign body from the eye			
	Test for squint			
	Washout of eyes (chemical burns)			
<i>Ear, nose and throat</i>	Assess hearing loss			
	Reduce a fractured nose			
	Remove a foreign body from ear and nose			
	Syringe, dry swab an ear			
	Take a throat swab			
	Manage epistaxis (cautery, packing)			
	Suture a pinna lobe			
<i>Skin</i>	Drain a peritonsillar abscess			
	Inject keloids			
	Phenol ablation of ingrown toenail			
	Excise sebaceous cyst (other lumps, bumps)			
	Apply a compression dressing to venous leg ulcer			
	Cryotherapy or cauterisation			
	Skin biopsy (punch and shave) or skin scrapes			
	Wide-needle aspiration biopsy lymph node			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm; 2 nd assessm.	
<i>Pregnancy</i>	Obstetric ultrasound			
	Interpret antenatal growth chart			
	Assess foetal well-being during labour			
	Episiotomy and suturing			
	Examine progress during labour and use partogram			
	Normal vaginal delivery			
	Apply and interpret the cardiotocograph			
	Assess foetal movement and counsel use of kick chart			
	Assisted vaginal delivery (vacuum extraction or forceps)			
	Caesarean section and management of bleeding			
	Evacuation of uterus			
	Manual removal of placenta			
	Repair of third-degree tear			
<i>Woman's health</i>	Pelvic ultrasound (transvaginal)			
	Culdocentesis			
	Hormone implants			
	Laparotomy for ectopic pregnancy			
	Termination of pregnancy (medical and surgical)			
	Insertion of intrauterine contraceptive device			
Papanicolaou smears				

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm; 2 nd assessm	
	Dilatation and curettage			
	Drainage/marsupialise Bartholin's abscess or cyst			
	Endometrial biopsy or sampling			
	Fine-needle aspiration biopsy of breast lump			
	Tubal ligation			
	Cervical polyp removal			
<i>Newborn</i>	Assess gestational age at birth			
	Counsel on Kangaroo mother care			
	Resuscitate a newborn			
	Umbilical vein catheterisation			
Consultation				
	Patient-centred consultation			
	Use genogram and eco-map			
	Develop and use flowcharts for chronic care			
	Motivate behaviour change			
	Assess and consult families, couples			
	Shared consultation to capacitate nurse practitioner			
	Counselling skills for HIV, termination of pregnancy, sexual assault			
	Break bad news			
	Mini-Mental State Examination			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm; 2 nd assessm	
	Use problem-orientated medical record			
	Conduct a family conference			
	Cope with language barriers			
	Holistic assessment and management			
	Sexual history and counselling			
Emergency care				
	Calculate % burn			
	Manage choking			
	Prescribe oxygen using a variety of devices i.e. nasal prongs, face masks, non-invasive CPAP			
	Immobilise the spine using blocks, straps, spinal boards, collars and spider harness			
	Insert an advanced airway i.e. endotracheal tube, laryngeal mask			
	Measure the Glasgow Coma Scale			
	Administer rabies prophylaxis			
	Advanced cardiopulmonary resuscitation – Adult			
	Advanced cardiopulmonary resuscitation – Child			
	Debride wounds or burns			
	Gastric lavage			
	Give a blood transfusion			
	Incision and drainage			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm. 2 nd assessm.	
	of abscesses			
	Insert chest drain			
	Insert nasogastric tube			
	Interpret radiographs in trauma			
	Emergency venous access i.e. intravenous cut down, femoral line			
	Manage snake bite			
	Primary survey			
	Relieve tension pneumothorax			
	Remove a foreign body from skin i.e. splinter, fish hook			
	Secondary survey			
	Selecting emergency equipment for doctors bag or emergency tray			
	Debride and suture lacerations			
	Prepare and stabilise a critically ill patient for transport			
	Cricothyroidotomy			
	Insert central line			
	Connect a patient to a ventilator and monitor the patient			
	Perform cardiac pacing using chemical or mechanical means			
	Perform synchronised cardio version			
	Perform arterial sampling: adult and child			
	Classify patient according to triage system			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm. 2 nd assessm.	
Orthopaedics				
	Apply finger and hand splints			
	Apply casts to upper and lower limb			
	Closed reductions on hand, forearm, tibia, fibula			
	Set up skeletal and skin traction			
	Reduce elbow dislocation			
	Reduce hip dislocation			
	Reduce radial head dislocation			
	Reduce shoulder dislocation			
	Excise ganglion			
	Amputations – fingers			
	Apply club foot cast			
	Debridement of open fractures			
	Emergency fasciotomy			
Anaesthetics				
	Injections – intra-dermal, subcutaneous, intramuscular, deep intramuscular			
	Ring block			
	Check Boyle's machine			
	Control airways with mask			
	General anaesthetic (inhalation and intravenous induction)			
	Intubate and ventilate patient			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st <u>assessment</u> : 2 nd <u>assessment</u>	
	Ketamine anaesthesia			
	Monitor patient during anaesthetic			
	Monitor patient during recovery			
	Reverse muscle relaxation (mixed drugs)			
	Select an appropriate circuit – Magill Circle, T-piece			
	Spinal anaesthetic			
	Ventilate patient using mask and bag			
	Biers block			
	Brachial block			
	Administer conscious sedation and monitor the patient			
Child health				
	Assess growth and classify malnutrition			
	Capillary blood sampling – finger and heel			
	Assess chest radiograph in child			
	Developmental assessment			
	How to do and interpret Tine and Mantoux tests			
	Intraosseous line			
	Intravenous access in a child			
	Lumbar puncture in a child			
	Manage problems using the integrated management of childhood			
	Suprapubic bladder			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st <u>assessment</u> : 2 nd <u>assessment</u>	
	puncture			
	Venepuncture – upper limb and external jugular vein			
	Manage neonatal jaundice with phototherapy			
Clinical administration				
	Complete sick certificates			
	Complete death certificates			
	Certify patient under Mental Health Care Act			
	Writing appropriate referral letters			
	Managing a clinic for chronic care, for example, HIV and ARVs			
	Perform work assessment and complete disability grant forms			
Forensics				
	Assess, <u>manage</u> and document drunken driving			
	Assess, <u>manage</u> and document interpersonal violence			
	Assess, <u>manage</u> and document sexual assault			
	Complete J-88 form following assault			
Palliative care				
	Counselling of a dying patient			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm. 2 nd assessm.	
	Hypodermoclysis (subcutaneous infusion)			
	Set up a syringe driver			
Clinical governance				
	Contribute to the development or revision of guidelines			
	Facilitate the implementation of clinical guidelines within the subdistrict			
	Improve quality of care by facilitating quality improvement cycles (including the audit of clinical care as one step in the cycle)			
	Improve cost-effectiveness through reflection on routinely collected data, particularly rational prescribing and use of investigations			
	Build capability and quality care through teaching, training and mentoring			
	Critically appraise new evidence			
	Appraise the competence of new clinicians and set appropriate levels of independence versus support			
	Evaluate the quality of care in relation to the relevant clinically orientated national			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm. 2 nd assessm.	
	core standards			
Community-oriented primary care				
	Do a home visit			
	Make a community diagnosis, and interpret and prioritise health indicators			
	Promote health in communities			
Teaching and training				
	Plan and implement a teaching or continuing professional development activity			
	Use a portfolio of learning			
	Mentor a colleague			
	Facilitate small group learning			
	Prepare and give a presentation			

Elective skills identified as relevant in some settings to the training of family physicians

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm. 2 nd assess	
<i>Perform common side-room tests</i>	Microscopy of vaginal discharge (wet mount, potassium hydroxide)			
	Microscopy of urine			
<i>Adult health – General</i>	Bone marrow puncture technique and smear			
	Microscopy of cerebrospinal fluid			
	Thin and thick smears for malaria			
	Doppler ultrasound –			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm. 2 nd assess	
	For peripheral vascular disease			
<i>Adults</i> <i>Abdomen</i>	– Abdominal ultrasound			
	Gastroscopy			
	<i>Helicobacter pylori</i> testing			
	Peritoneal dialysis			
	Repair a hernia			
	Sigmoidoscopy			
	Liver biopsy			
	Appendicectomy			
	Injection of haemorrhoids			
	Rubber-banding of haemorrhoids			
<i>Adults – Chest</i>	Echocardiogram			
	Pleural biopsy			
<i>Adults</i> <i>Urology</i>	– Hydrocoelectomy			
	Bilateral capsular orchidectomy			
	Cystoscopy			
	Prostate biopsy			
<i>Eyes</i>	Slit-lamp examination			
<i>ENT</i>	Indirect laryngoscopy			
	Tonsillectomy or adenoidectomy			
<i>Skin</i>	Skin patch testing			
<i>Woman's health</i>	Cone biopsy of cervix			
	Colposcopy			
	Hysterectomy			
	Large loop excision of the transformation zone for cervix			
<i>Pregnancy</i>	Amniocentesis			
	Clinical pelvimetry			
<i>Orthopaedics</i>	Open reductions – pins and screws			
<i>Child health</i>	Extradural tap			
<i>Dental</i>	Dental extraction			
	Wiring of teeth for			

Clinical topic	Clinical skills	Numbers done (<5, 5-10, >10)	Supervisor grading of registrar (A, B, C, or D) 1 st assessm. 2 nd assess	
	mandibular fracture			
<i>Forensic</i>	Medico legal post-mortem			
<i>Anaesthetics</i>	Epidural			
<i>Emergencies</i>	Perform a focussed assessment sonar for trauma (FAST scan)			

Feedback on logbook

Date completed:

Specific feedback on the registrar's performance:

What was done well...

What could be done even better...

What should be changed/stopped...

Name of supervisor

Signature supervisor

Signature registrar

CASE STUDY OF BLOUBERG FAMILY PRACTICE

❖ Our services:

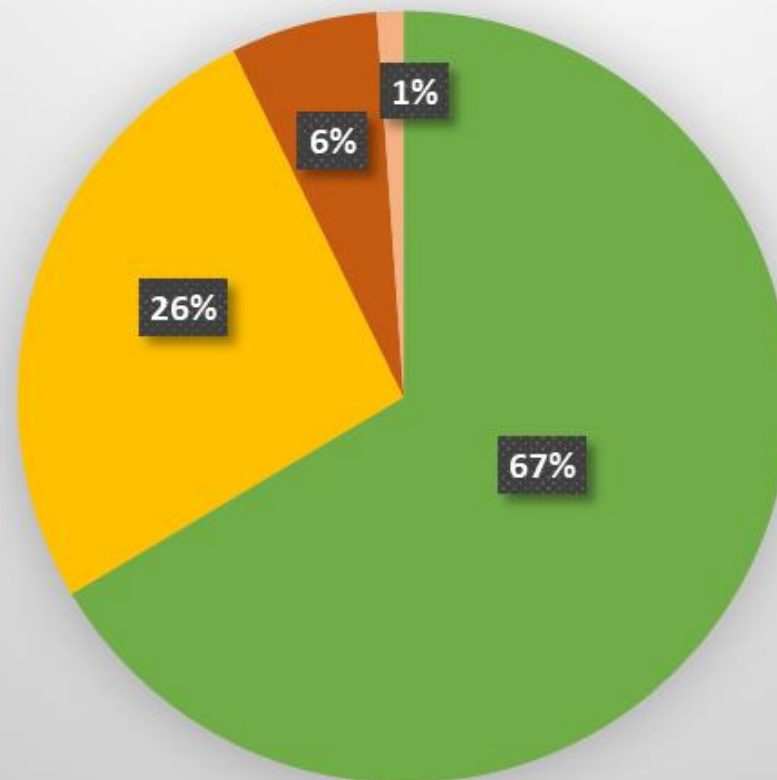
- Specialist consultation (45 min) –Chronic diseases, Paediatrics, ENT, Dermatology
- Psychiatry consultation (1hr 30min) – Anxiety, Depression, ADHD, BPMD, personality disorders
- Gynaecology services (1hr) – Women’s health services, family planning (IUCD insertion), menopause, irregular bleeding
- 1st trimester obstetric services (1hr) – Pregnancy confirmation and 1st trimester scan
- GP consultations (15 min)
- Palliative care and home visit after hours
- Procedural services:
 - ❖ Acute emergency care (trauma, nebulization)
 - ❖ Minor surgical procedures (excisions, biopsy, I&D)
 - ❖ Phlebotomy, IV drip, iron infusions
 - ❖ ECG
 - ❖ Family planning (Implanon/IUCD insertion and removal)
 - ❖ Gynaecology and 1st trimester ultrasound
 - ❖ Medical TOP and aftercare



**BLOUBERG FAMILY
PRACTICE**
CARING FOR YOUR FAMILY



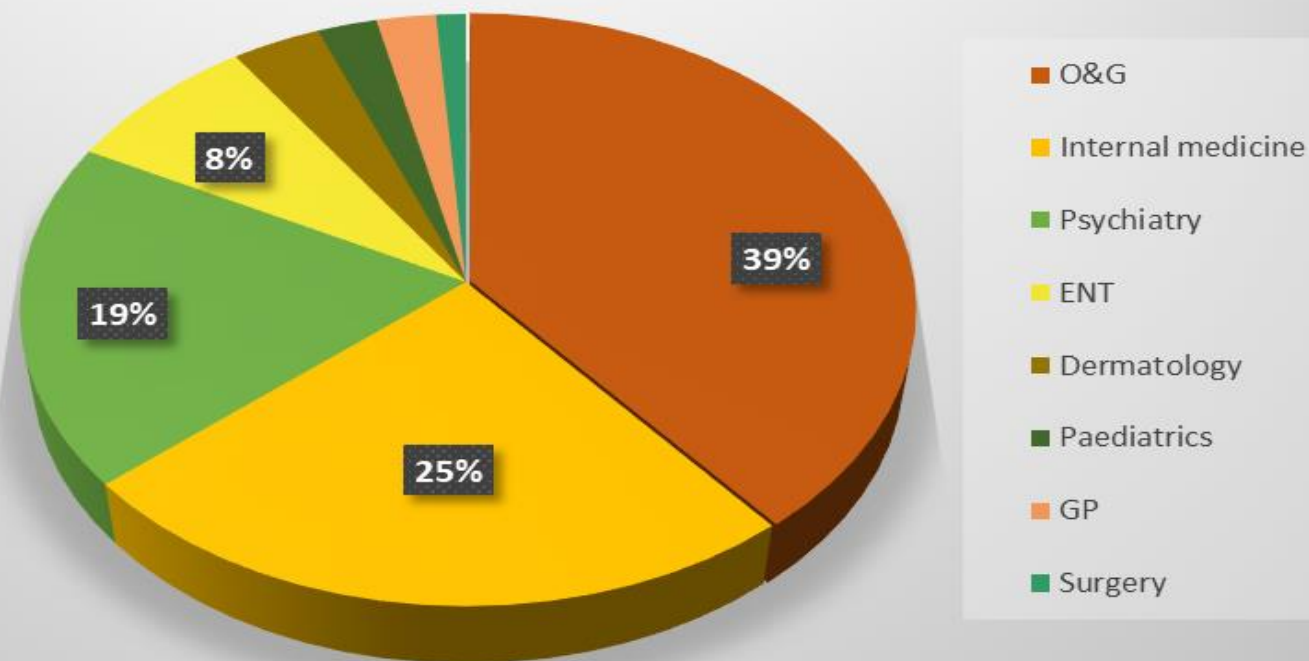
Specialist Family Medicine practice outpatient consultation profile (BFP March 2023, 179 patients)



- 1 Specialty
- 2 Specialties
- 3 Specialties
- 4 Specialties



Specialist Family Medicine practice Inter-disciplinary patient profile (BFP March 2023, 179 patients)



PRIVATE COSTING COMPARISON OF IN ROOM CONSULTATIONS

- ❖ When looking at specialist remuneration and their contracted rates a number of factors needs to be considered:
 1. Who is the Medical Scheme?
 2. What contract / DPA is in question?
 3. Some contracts are limited to specific plans only
 - E.g. Discovery Classic & Discovery Key Care
 4. Some contracts are one rate for all plans (with 1 or 2 plan exceptions)
 - E.g. Discovery Premier B (Excludes Key Care) & GEMS (Excludes REO and EVO)
 5. Other contracts are across all plans but a different rates, depending on the patient's plan
 - E.g. BankMed, Bonitas and Fedhealth
 6. Governance Projects
 - Higher remuneration related to specific codes, for a specific discipline, within a Society under certain conditions

PRIVATE COSTING COMPARISON OF IN ROOM CONSULTATIONS (Code 0190 to 0192)

	GPs @ Scheme Rate	Family Physicians @ Scheme Rate	Surgical @ Scheme Rate	Consulting @ Scheme Rate
Discovery (Key Care)	459.30	489.10	505.50	726.00
Discovery (Prem B)	459.30	489.10	505.50	726.00
Discovery (Classic)	459.30	489.10	505.50	726.00
BankMed	441.00	441.00	447.60	684.00
GEMS	468.80	608.10	443.50	678.10
Bonitas	452.10	-	455.40	696.10
Polmed	457.80	675.10	475.10	726.30
KeyHealth	493.80	493.80	484.40	740.50

PRIVATE COSTING COMPARISON OF IN ROOM CONSULTATIONS (Code 0190 to 0192)

	GPs @ Scheme Rate	Family Physicians @ Scheme Rate	Surgical DPA	Consulting DPA
Discovery (Key Care) – 110%	459.30	489.10	556.00	798.60
Discovery (Prem B) – 147%	459.30	489.10	743.00	1 067.20
Discovery (Classic) – 217%	459.30	489.10	1 096.90	1 575.40
BankMed - 147%	441.00	648.20	658.00	1 006.40
GEMS – 130%	468.80	608.10	611.00	934.20
Bonitas – 150%	452.10	-	683.10	1 044.10
Polmed	457.80	675.10	617.60	1 053.10
KeyHealth – 150%	493.80	493.80	726.60	1 110.70

CONTRACTED SPECIALIST REMUNERATION MAY END ANYWHERE ON THE MATRIX BELOW (Code 0190 to 0192)

	GPs @ Scheme Rate	Family Physicians @ Scheme Rate	Surgical @ Scheme Rate	Consulting @ Scheme Rate	Surgical DPA	Consulting DPA
Discovery (Key Care)	459.30	489.10	505.50	726.00	556.00	798.60
Discovery (Prem B)	459.30	489.10	505.50	726.00	743.00	1 067.20
Discovery (Classic) – 217%	459.30	489.10	505.50	726.00	1 096.90	1 575.40
BankMed - 147%	441.00	648.20	447.60	684.00	658.00	1 006.40
GEMS – 130%	468.80	608.10	443.50	678.10	611.00	934.20
Bonitas – 150%	452.10	-	455.40	696.10	683.10	1 044.10
Polmed	457.80	675.10	475.10	726.30	617.60	1 053.10
KeyHealth – 150%	493.80	493.80	484.40	740.50	726.60	1 110.70

PRIVATE COSTING COMPARISON OF IN **ROOM** CONSULTATIONS for Psychiatrists

Code	Code Duration	Min Time with Patient	Bank Med	Discovery	GEMS*	ProfMed
0161	10 to 20 minutes	15 minutes	471.30	739.40	658.00	481.70
0162	21 to 35 minutes	27.5 minutes	863.80	739.40	1 206.30	883.30
0163	36 to 45 minutes	40.5 minutes	1 256.30	739.40	1 754.20	1 284.80
0164	46 to 60 minutes	52.5 minutes	1 649.10	739.40	2 302.50	1 686.40

Important to Note:

Discovery does NOT honour tiered consultations for in Hospital consultations

* Please note that GEMS do not have a contracted base rate (the fee is elevated to the DPA rate of 130%)

FAMILY MEDICINE SPECIALISTS COST BENEFIT AND VALUE-ADDED SERVICES

- ❖ 4 Specialists (2): Savings per patient (Psychiatry, Internal medicine, ENT, gynaecology)- R1604,5+R1096+R1096+R1575,4 = **R5371,9** (based on Discovery classic reimbursement).
- ❖ 3 Specialists (11): Min savings R1096 x 2 x 11= **R 24 112**
- ❖ 2 Specialists (47): Min savings R1096 x 47 = **R 51512**
- ❖ 1 Specialist (119):

O&G	99
Internal medicine	63
Psychiatry(adult and adolescents)	48
ENT	20
Dermatology	9
Paediatrics	6
GP	6
Surgery	3