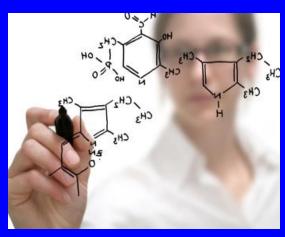
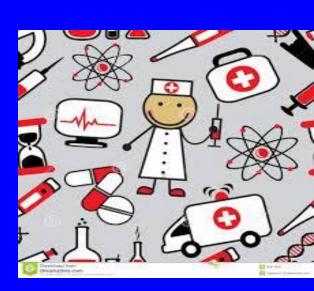
# Have we lost The Art of Medicine?

Saville Furman 2018

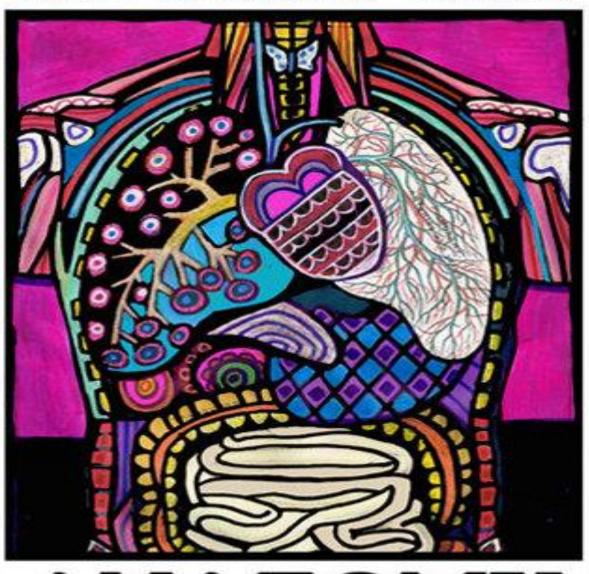








#### THE HUMAN BODY

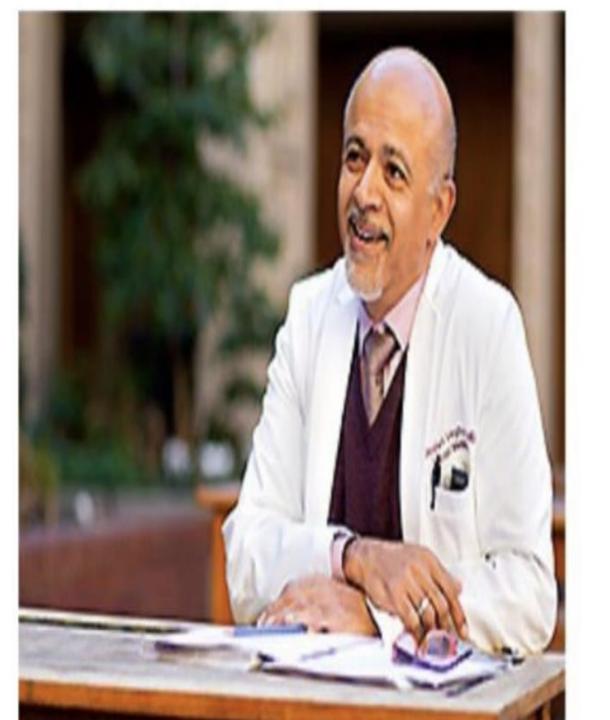


ANATOMY



The Doctor is an 1891 painting by Luke Fildes that depicts a Victorian doctor observing the critical stage in a child's illness while the parents gaze on helplessly from the periphery. It has been used to portray the values of the ideal physician and the inadequacies of the medical profession. Different theories exist as to the painting's origin but it is most likely based upon Fildes' own experience of the death of his son. Critics have noted that Fildes omitted common medical equipment of his era in order to focus on the relationship between physician and patient.







## My Own Country

A Doctor's Story

Abraham Verghese



New York Times

Bestselling

Author of

Cutting for Stone



Stg Grangs, Stig Ideas.

THE ANNE MAYHEW DISTINGUISHED HONORS
LECTURE SERIES

PRESENTS

### SEARCH MEANING MEDICAL LIFE

With Abraham Verghese

#### Wednesday, September 25

Alumni Memorial Building Cox Auditorium

7:30 p.m. Lecture 8:30 p.m. Book signing



Absolute Verghese, PE) INVACE, is a prefector for the Theory and Practice of Modicine at the Stanford University School of Modicine and potent associate chair of the Department of Theories Philosophe (se is also a finished as a second control of the Cooperational of Section (se is also a

cont-selling watter of two northition blocks, and now tenal

Verghase completed his repidency at the verteriors. Activitizations in repidency and East. Techniques State University in Johnson City, Techniques, where he was the first physician to again 2015 paraents to hospitals in Fernansia. That exponence became the basis for his first book, My Olen Country: A Doctor: Story (1875). It was one of the books junicited by Timb magazine as 64st Book of the Yolk.

149 has authorize two more tensor. The Tenrice Partner: A Stroy of Francisco and Loss (1900) and Cutting for Strone (2010)—a speed set in 4 medical mission (4) points and undaylos Emorpia.



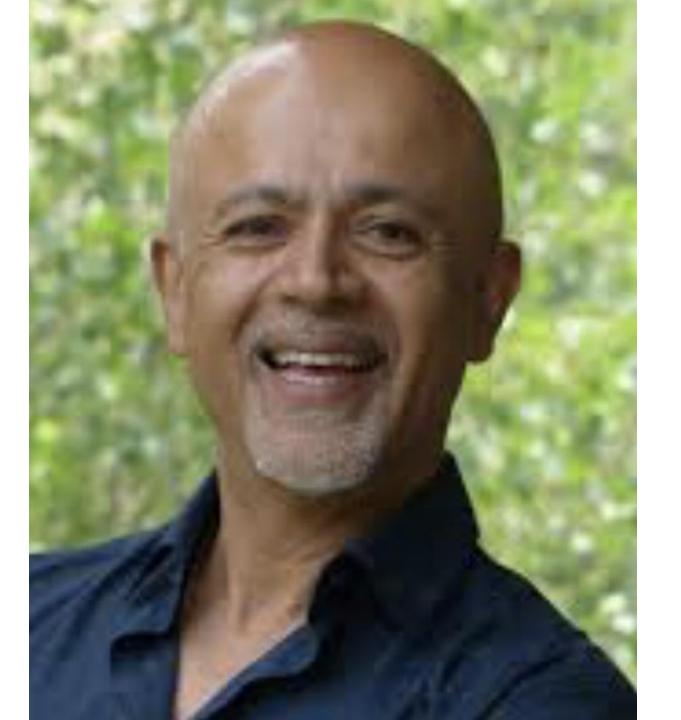
CSI-SPOMISORED DV:

THE COLLEGE OF HITT AND CODINGS. IN MODERN CONTRA

THE PROPERTY OF THE WAY TO ANY

THE DOLLESS OF TODIAL WORK THE COLLEGE OF TODIAL WORK ARREST ANNUAL

NICHOLOGIATIVISTICI BRA



## As You Like It Scene VII The Forest

Jacques:

All the worlds a stage,

And all the men and women merely players:

They all have their exits and their entrances;

And one man in his time plays many roles,

His act being seven ages.

#### At first the infant, Mewling and puking in the nurse's arms.



#### And then the whining schoolboy, with his satchel And shining morning face, creeping like snail unwillingly to school







# Honour a PHYSICIAN

the uses which ye may have of him for the the Lord hath created him

(Ecclesiasticus 38 vs 1)



# Then give place to the PHYSICIAN

Let him not go from thee, for Thou hast need of him

(Ecclesiasticus 38 vs 12)

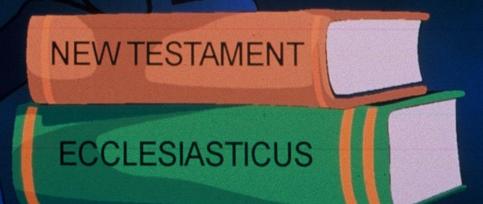
NEWTESTAMENT

**ECCLESIASTICUS** 

#### He that SINNETH

before his maker, let him fall into the hand of the PHYSICIAN

(Ecclesiasticus 38 vs 15)





#### MEDICINE: SCIENCE OR ART?

S C Panda



#### **Questions**

\*Is medicine an "art based on science"?

Has the "art of medicine" lost its sheen?

 Is the "science of medicine" a pure one, or merely applied science?

 Is science full of uncertainty, simply because what is accepted as "scientific" today is discarded by medical practitioners tomorrow in the light of newer evidence? Half of what is *true today*, will be proven to be *incorrect in the next five years.* 

Unfortunately we don't know which half that is going to be!!

-Lackshmipati, Care of the medical outpatient-2003

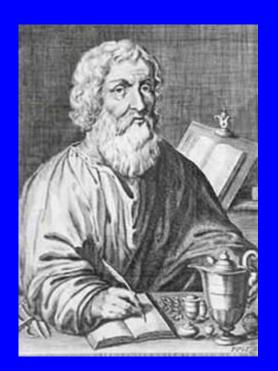
### Theophyllin for asthma. Beta Blockers in heart failure

Thiersh operation for prolapsed rectum has become obsolete,

Delorme's is now preferred.

Bilroth I and II for ulcers

"Life is short and the Art long, the occasion is fleeting, experience fallacious and judgement difficult,"



-Hippocrates



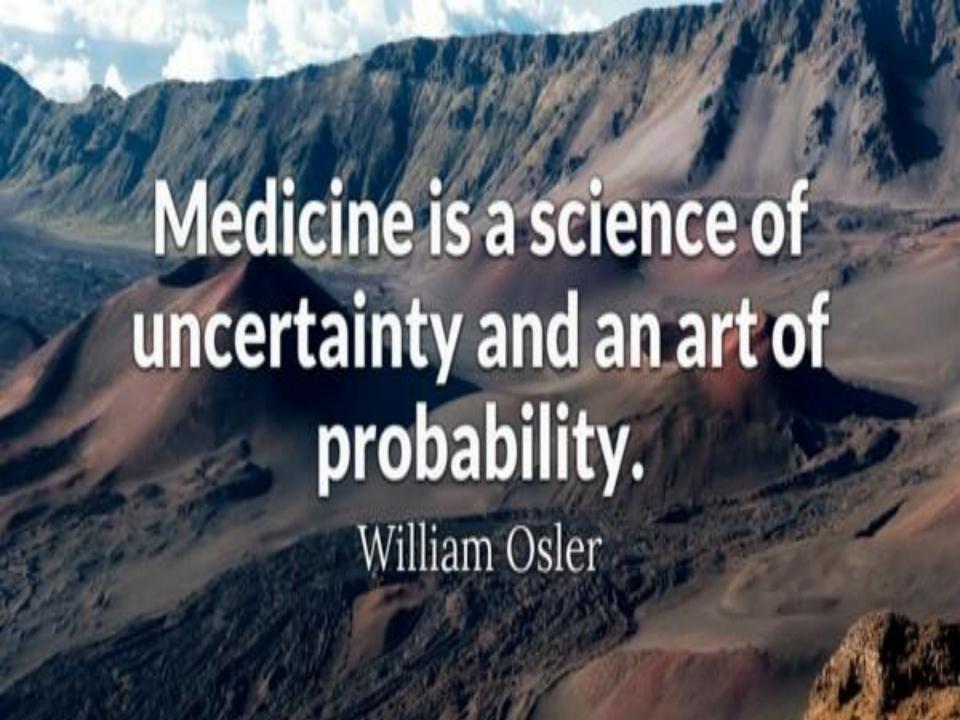
The practice of medicine is an art, not a trade; a calling, not a business; a calling in which your heart will be exercised equally with your head.

The practice of medicine is an art, based on science.

-Sir William Osler, AEQUANIMITAS





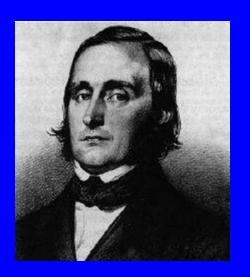


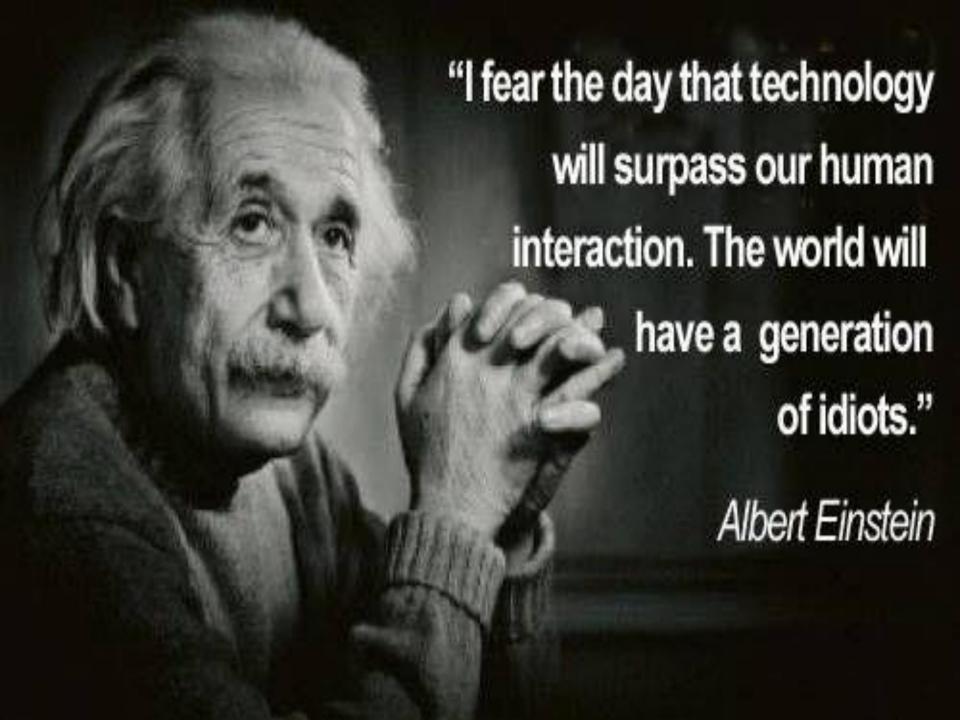
The good physician treats the disease; the great physician treats the patient who has the disease.

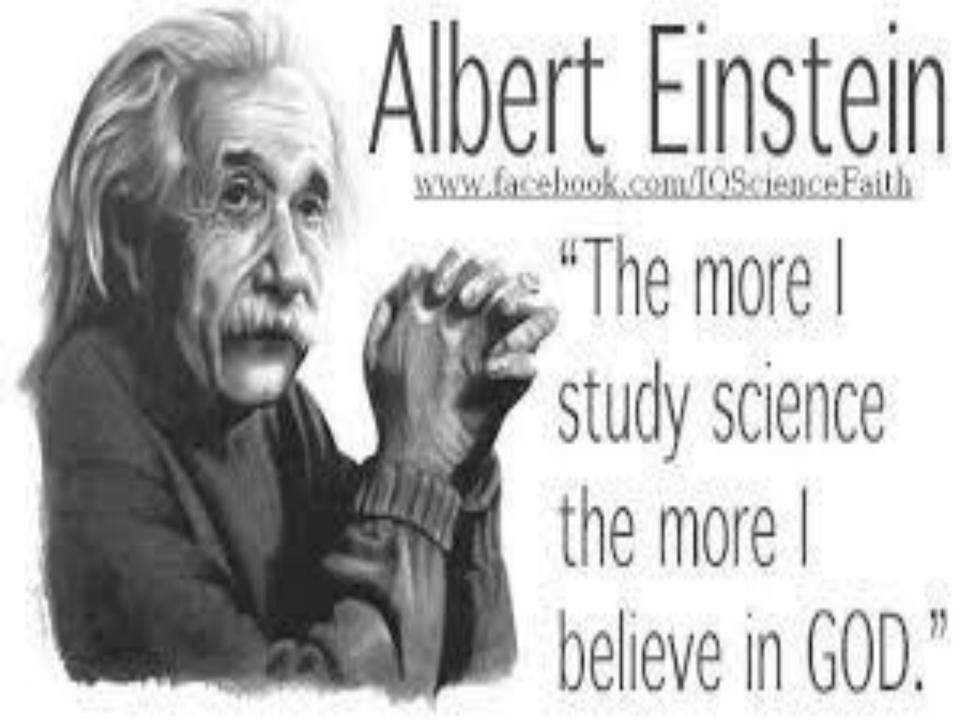
William Osler

Every science touches art at some points- every art has its scientific side; the worst man of science is he who is never an artist, and the worst artist is he who is never a man of science

**Armand Trousseau 1869** 







# The art of medicine consists in amusing the patient while nature cures the disease.

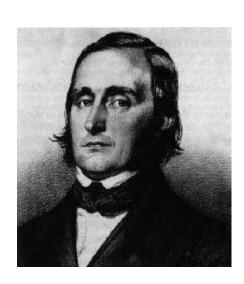


Voltaire



The worst scientist is he who is not an artist; the worst artist is he who is no scientist.

Armand Troussessu



# The Art of Medicine cannot be inherited, neither can it be copied from books

**Paracelcus** 



He who studies medicine without books sails an uncharted sea, but he who studies medicine without patients does not go to sea at all.

William Osler



# We come from UCT we have to make a <u>diagnosis</u>



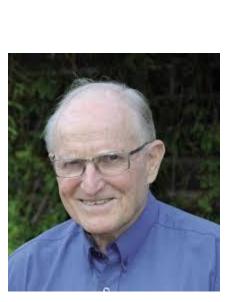


It' a sin to miss



# Medicine is learnt at the *bedside* not on the backside!!







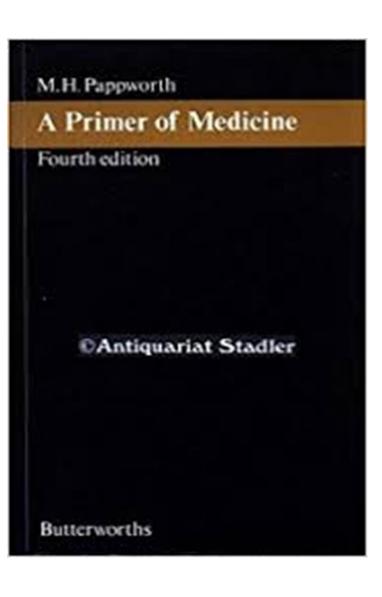
# We belong to MPS we don't want to be sued

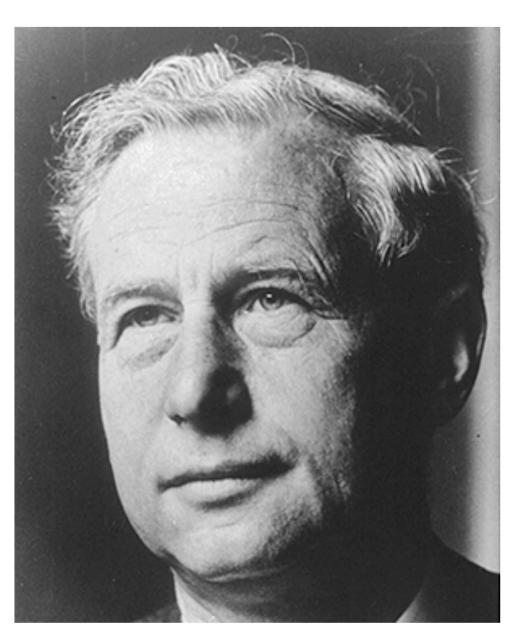


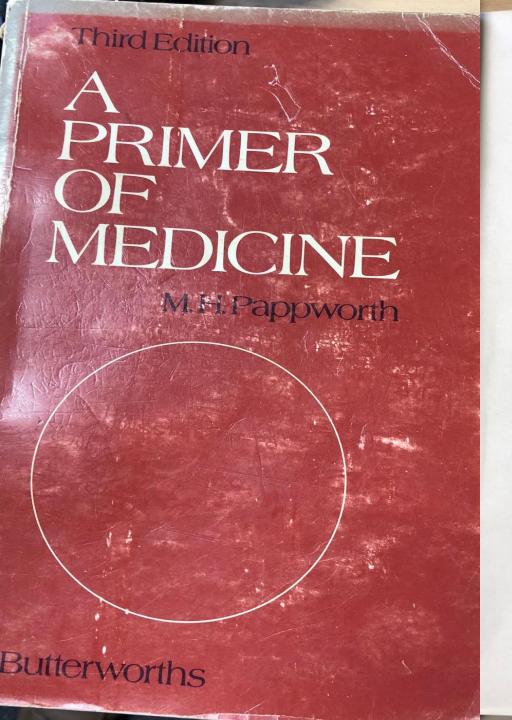
Medical Protection



#### **Maurice Henry Pappworth, MD**







A
Primer
of
Medicine

M. H. PAPPWORTH M.D., M.R.C.P.

ELICITING AND ASSESSING CLINICAL SIGNS, AND THE ART AND SCIENCE OF DIAGNOSIS

THIRD EDITION

LONDON BUTTERWORTHS

#### "Much have I learnt from my teachers;

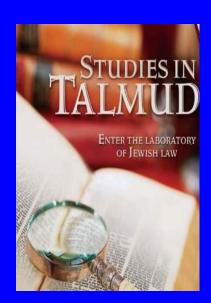
more from my colleagues;

and from my students more than from them all."

Rabbi Judah Ha-Nassi, who lived in the second century

(Talmud-Treatise Makkot 10a)

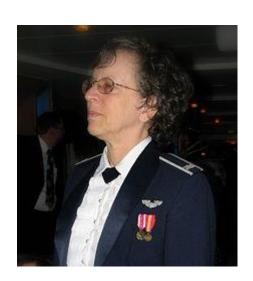




Medicine is not art like a painting.

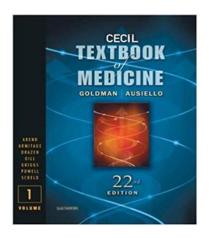
Neither is it a science, like physics. Its an applied science

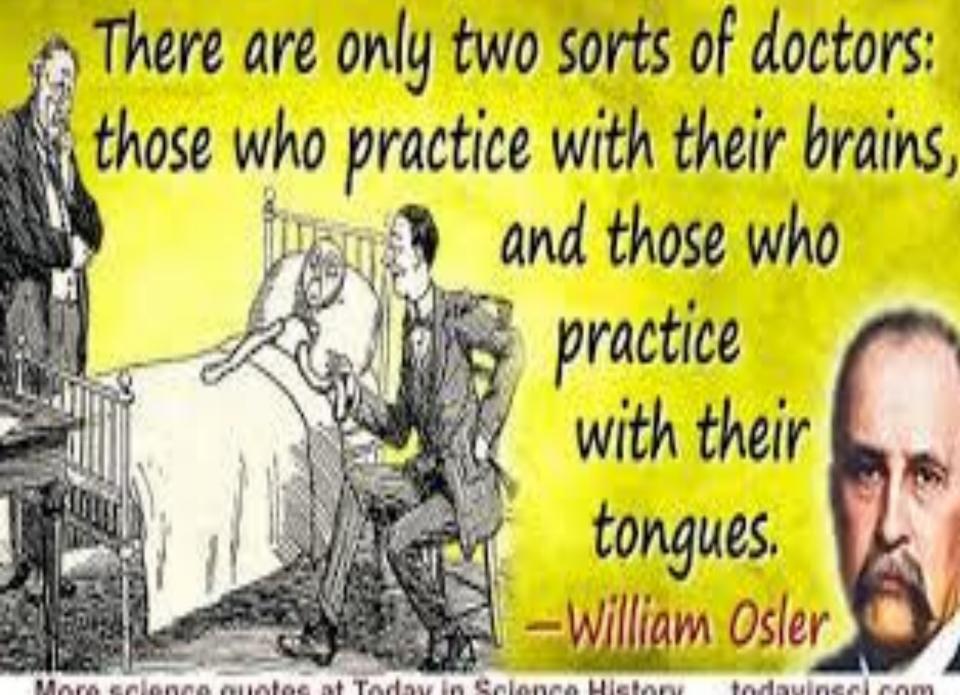
Harriet Hall, MD also known as The SkepDoc, is a retired family physician who writes about pseudoscience and questionable medical practices.



The art of *caring* and *comfort*, guided by millennia of common sense as well as more recent systematic approach to medical ethics, remains the cornerstone of medicine-without these humanistic qualities the application of modern science of "medicine" is suboptimal, useless, even detrimental.

Goldman and Dennis





More science quotes at Today in Science History todayinsci.com The greater the ignorance the greater the dogmatism.



#### December 23rd 2017



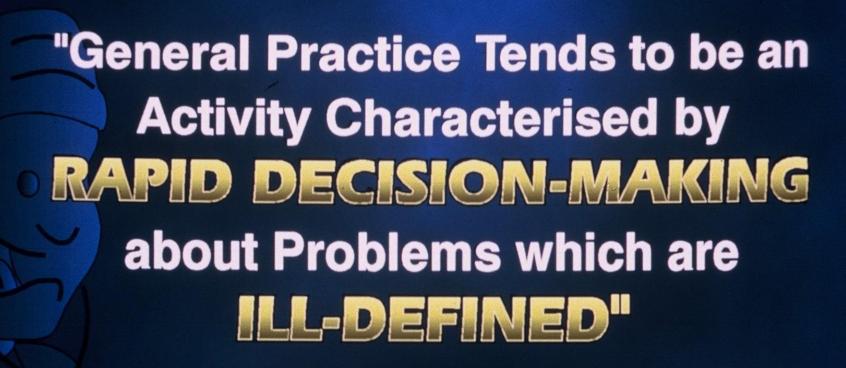
The Trump **Administration** has banned words "vulnerable" "entitlement" "diversity" "transgender" "fetus" "evidenced-based" and "*science-based*" from government documents for the US\$7 billion discussions about the Centers for Disease Control and Prevention(CDC).

Another phrase allegedly forbidden is "health equity."



# The Washington Post IS FAKE NEWS







## We Family Physicians Solve Problems with every Patient. We Live with UNCERTAINTY



### VOMIT BARF





### BARF Brainless Application of Radiological Findings



#### V.O.M.I.T

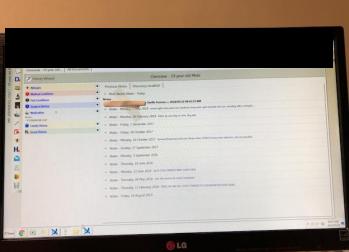
Victims
Of
Modern(medical)
Imaging (internet)
Technology



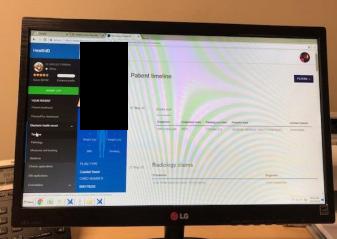




# The patient is no longer in the bed. The patient is in the computer!!!







#### The iPatient / iDoctor



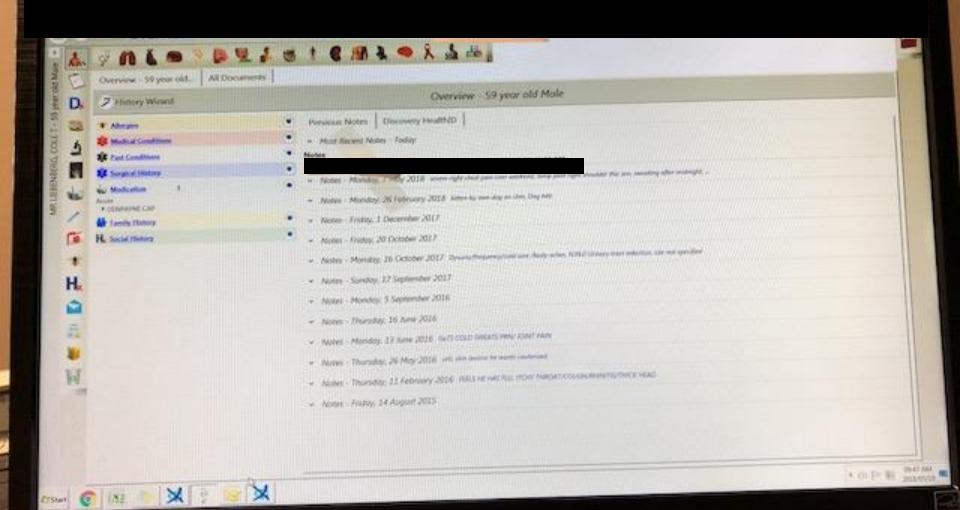


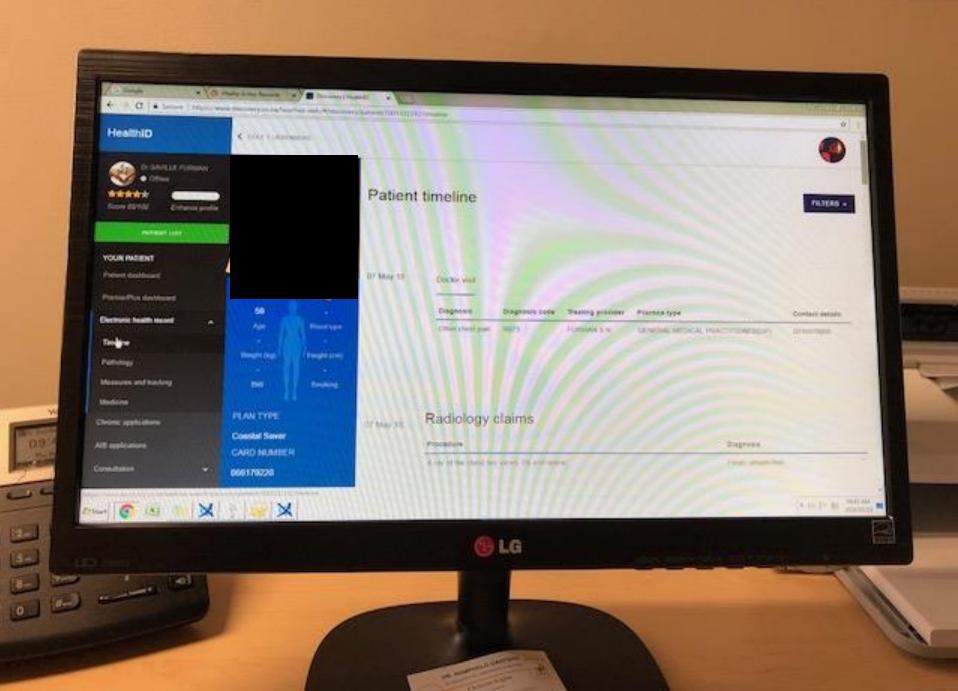


- The current state of medicine is infested with computer screens.
- These were designed for billing, not patient care.
- Patients looking at the backs of their physicians, as we click away on our screens, often imagine that this provides them with better care.
- It does not. It provides better care only for billing- and is better only for the money it makes for the various bosses









THE MILLION COPY BESTSELLER

THE

HIGH

HI

THE CLASSIC NOVEL OF LIFE AND DEATH IN AN AMERICAN HOSPITAL...



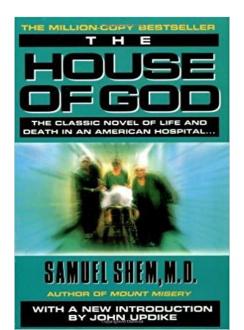
#### SAMUEL SHEM, M.D.

AUTHOR OF MOUNT MISERY

WITH A NEW INTRODUCTION BY JOHN UPDIKE

#### Law 13 is the most important

- The delivery of medical care is to do nothing
- Doing nothing is doing something--in fact, sometimes everything!!



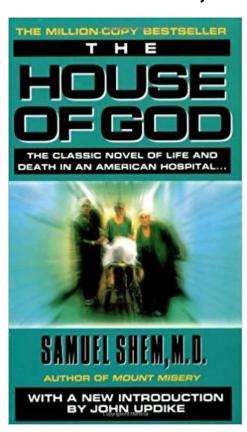
#### Law 15

Learn empathy

"Put yourself in the other person's shoes,

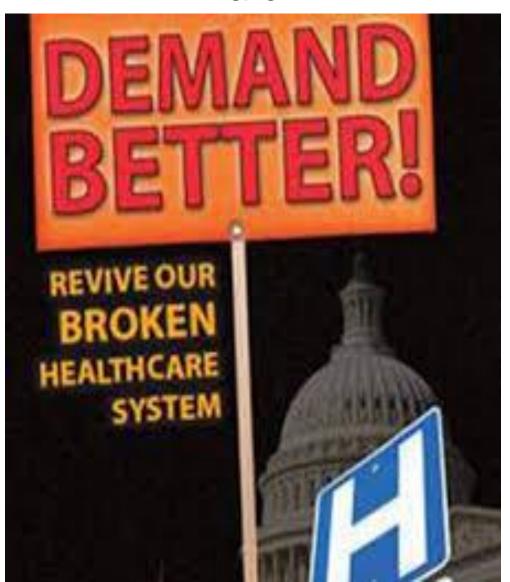
feelingly"



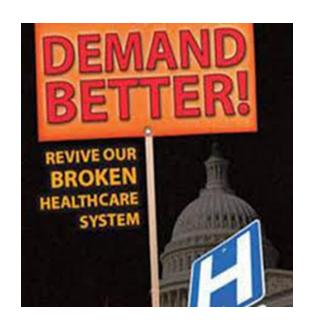


#### David Nash & Sanjaya Kumar

March 211



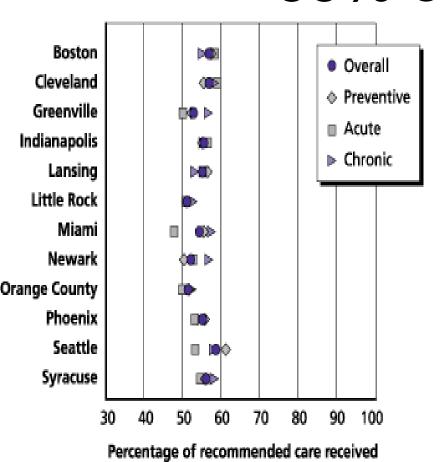
# Myth: There is a high degree of scientific certainty in Modern Medicine

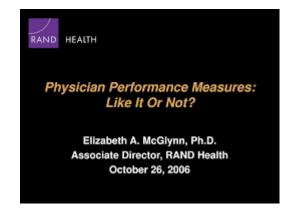


#### Demand Better....

- 25% Diabetics received essential blood tests
- Hypertensives received 33% of recommended care
- CAD received 66% of recommended care
- Only 67% of elderly received/offered pneumococcal vaccine
- Scarcely 33% eligible patients screened for colorectal cancer

### Even though guidelines exist, physicians get it right about 55% of the time







take Metformin for the diabetes aused by the Hydrochlorothiazide take for high blood pressure which I got from the Ambien I take for insomnia caused by the Xanax take for the anxiety that I got from the Wellbutrin I take for chronic latigue which I got from the Lipitor I take because I have high holesterol because a healthy diet and exercise with regular thiropractic care and superior too much trouble!

#### Components of the art of medicine

-Sharon Bahrych

- 1) Caring for patients, showing honest *concern* and *compassion*.
- 2) Giving patients *time*, not rushing in and out of the exam clinic room, being patient with them, having a great bedside manner.
- 3) Using the the evidenced based medicine alogrithms as a guideline, as we apply them to each and every patient we see.

#### Components of the art of medicine 2

- 4) Understanding that every patient is an *individual* who has individual circumstances that affect their lives.
- 5) Helping ever patient to aqcuire the best outcome they can for themselves by working with them, educating them, coming up with a *mutually agreed upon plan of action*.



#### Principles of Medical Ethics

- Autonomy
- Beneficence
- Confidentiality
- Do no harm/ Non-maleficence
- Equity or Justice



# Three fundamental principles are important to practitioners

- 1) Primacy of *patient welfare*
- 2) Patient autonomy
- 3) Social justice

We should not allow scientific medicine to blunt our humanity, ignore ethics and the need for empathy

#### It's about:

- \* compassion
- \* communication
- \* professionalism
- \* respecting patient autonomy

Treating each patient as a beautiful and unique snowflake, and not being afraid to go off protocol when things get squirrelly.

Clay Jones, practicing Pediatrician in Newton MA.

He first became aware of and interested in the incursion of *pseudo science* into his chosen profession while completing his paediatric residency



In my opinion, the phrase the art of medicine needs to be retired or at least *restricted* in use. Aside from being nebulous to the point of nearly losing all meaning, and serving as fertile ground for all manner of bogus approaches to health care, to me it almost implies that there should be some kind of innate ability to practice medicine that some people have and some people don't.

**Good communication**, in my opinion stands out as the most legitimate aspect of the art of medicine.

While it is true some people do have the knack for it, and even that some physicians will probably never develop into excellent communicators, the vast majority of physicians can be taught how to speak to patients competently



### Today, doctors are both more powerful and more deaf.

They are far less helpless in the face of suffering, yet they often cannot hear the cries that evoke no possibility of remedy.





A more humanistic education might heal the physicians deafness. It will not make treating the untreatable any easier, but may at least leave the doctor less naked in the wards

Overby Phillip The Moral Education of Doctors. The New Atlantis. 2005;10:17–26

# "If you *listen* to the patient he is telling you the diagnosis." William Osler



### ORIGINAL ARTICLE

### Doctor, Are You Listening?

- Dr Saville Furman



### aville Furman BChB MFGP (SA) 2 Centre Point aton Road Inerton

### urriculum vitae

alle Furman graduated from UCT in 1973 entered general practice in December

4. He obtained the MFGP (SA) in 1977, has a wide field of interest in medicine, the n being 'Doctor-Patient Relationship' and arts Medicine'. He is Chairman of the tern Cape Region of the SA Academy of all Practice/Primary Care, a member of Academy Council, part-time lecturer in the trof Community Med (UCT) and is very con the Editorial Board of SA Family tite. Dr Furman received the Louis oldt Award for the best GP paper

### Summary

Most doctors encounter several patients every day who are ready to TALK, but not always when they, the doctors, are ready to LISTEN. Psychiatrists usually dismiss patients whom they cannot help, but GPs must be available at short notice for all. The troubled patient may well present with bodily symptoms if he cannot get our attention otherwise. This paper includes case presentations from the author's practice, illustrating the above points and will show that if the doctor can tune in to what his patients are REALLY saying, he will be able to care for them in a far more effective way.

S Afr Fam Pract 1990; 11: 281-3

### KEYWORDS:

Physicians, Family; Physician-Patient Relations; Balint Psycho-analytic Therapy.

I left Medical School fifteen years ago with a basic training in dealing with diseases, but not with training in dealing with people. In general practice I found that I had to deal

more complex inter-pers problems, which my ong with patients in family p presented me with.

I found that these feeling made me feel insecure professional role. I trice this insecurity defensive resorting to the old sty model which had form undergraduate training however, proved hopel inadequate and I began being able to meet the general practice. It wa entered a Balint Grou developed an insight understanding into th difficulties in my inte patients.1

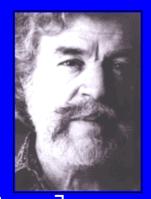
It is generally recogn psychological aspect a sadly neglected asp Medical School trair presenting patients whaving difficulty to realised my need to to be seen as a good patients was an unrewas rendering me lethan more so. I cam better the realistic prouds asking for

# Reclaiming the art of lightness lightness are lightness ar

• ONE EAR LISTENING is normal for any medical practice. We listen to the patient, talk on the telephone, interact with our receptionist and write a prescription-all with one ear. We are specialists in one ear listening.

## Reclaiming the lost art of listening.

Bernard Levinson SAMJ vol 95 May 2005, no.5



• "Unfortunately, the price for high-tech is painfully high. High-tech means low-touch. Less intimacy. Slowly, relentlessly,

### Reclaiming the lost art

listening

• The only listening that has meaning is three ear listening. In this listening we are totally in our patient's words. We are not thinking of a clever interpretation. When we listen this way, our patients say more than they

## Communicating with Colleagues, how good are we?

















## Communication



### The phone my sister has (she's six)



The phone I had when I was six



The phone my dad had when he was six



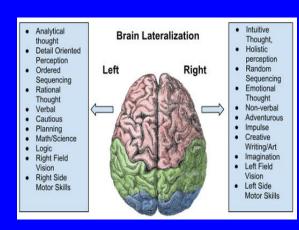
# INTUITION IN MEDICINE



Saville Furman
Milnerton
April 2015





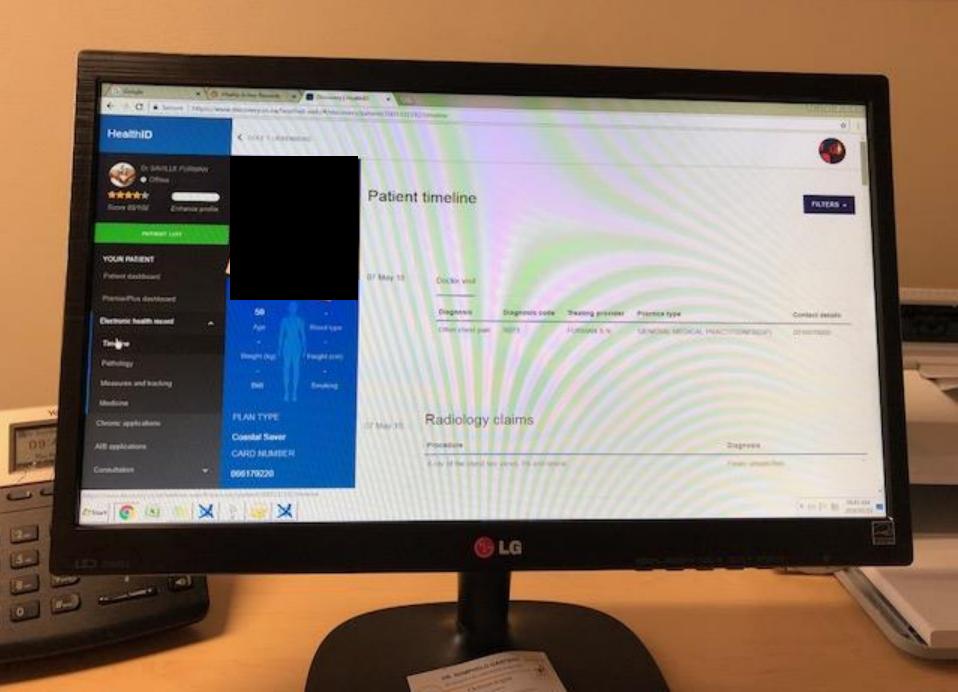




### **Left Brain** OGIC I know exactly who I am wanted to be A masters of words and language I am the sound of roaring laughter movement Always in control am the urge to paint on empty canvas Analytical feel I am order Strategic I love the familiar am logic am a scientist categorize The feeling of sand beneath bare feet am accurate mathematician I calculate equations and play with numbers am boundless imagination

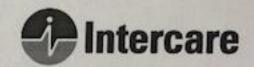






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			Report Confirmed by:	
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Reynorman	Ogiva		SOFT TO THE	my
	<b>47</b> -4	444		
Language		nen	Maria de la companya	

### Intercare



Point of Care - Pathology Report

Test ID 26 Serial Number

Result Date **Test Name** 

2018-05-07T08:08:49 CRP

CRP

Site Name

TestID Name Value Unit TimeStamp 81918 CRP mg/L 2018-05-07T08:08:49

AS0050842

Century City



Dr. F. Belmindag, Dr. G. Cillians, Dr. T.G. Dicker, Dr. G. Becking, Dr. B. Soulis, Dr. E. Kader, Dr. W. Koys, Dr. A. Levy, Dr. B.S. McNer, Dr. D. Molonni, Dr. F. Kock, Dr. F. Scholle, Dr. G. Jackson, Dr. T. Preddaydi, Dr. R. Jogester, Dr. J. Molonni, Dr. F. Kock, Dr. F. Scholle, Dr. G. Jackson, Dr. T. Preddaydi, Dr. R. Jogester, Dr. T. Molonni, Dr. F. Molonni, Dr.

PATIENT PATIENT ID ADDRESS

TELEPHONE

REQUEST DATE : VISIT NUMBER REFERRING DR

2018/05/07 08:24 2018050700076 SAVILLE FURMAN

#### Chest PA and lateral

Chest pain, fever

Comparison 05/09/2016

#### FINDINGS CHEST PA & LATERAL

- 1. Adequate inspiration. Equal lung volumes
- 2. Lung parenchyma is clear with no bronchovascular distortion, nodules, masses, consolidation or volume loss
- 3. Cardiac and mediastinal configuration appears within normal limits,
- 4. Unfolded aorta
- 5. Pulmonary vasculature is symmetrical with no upper lobe venous blood diversion or Kerley B septal lines
- 6. Pleura, hemidiaphragm and costophrenic angles are intact.
- 7. Regional skeleton and soft tissues normal.
- 8. No paraspinal mass
- 9. No subdiaphragmatic free air

#### COMMENT

Lung parenchyma is clear with no evidence of active infection or sinister lung mass No significant interval change when compared to previous radiograph

ICD10 R07.4, R50.9

DR RAKSHA JOGESSAR

Report Verified By : DR RAKSHA JOGESSAR







### **Conclusion**

Medicine is both an art and a science. Both are interdependent and inseparable, just like 2 sides of a coin.

The importance of *art* of medicine is because we have to deal with a human being, his or her body, mind and soul.

To be a good practitioner, one has to become *a good* artist with sufficient scientific knowledge.

Technology covered with the layer of art alone can bring relief to the sick.

### **Conclusion 2**

 In the field of medical education, this dying art of medicine has to be revived throughout the world. So the conclusion to the debate on the status of medicine as an art or science is crystal clear.



### **Conclusion 3**

The most beautiful thing we can experience is the mysterious. It is the source of all true art and science. He, whom his *emotion* is a stranger, who can no longer pause to wonder and stand rapt in awe, is as good as dead his eyes are closed.-Albert Einstein



1. Achtenberg J. What is medicine. Alternative therapy. (1996) May;2(3):58–6:	1

### Dr Hegde

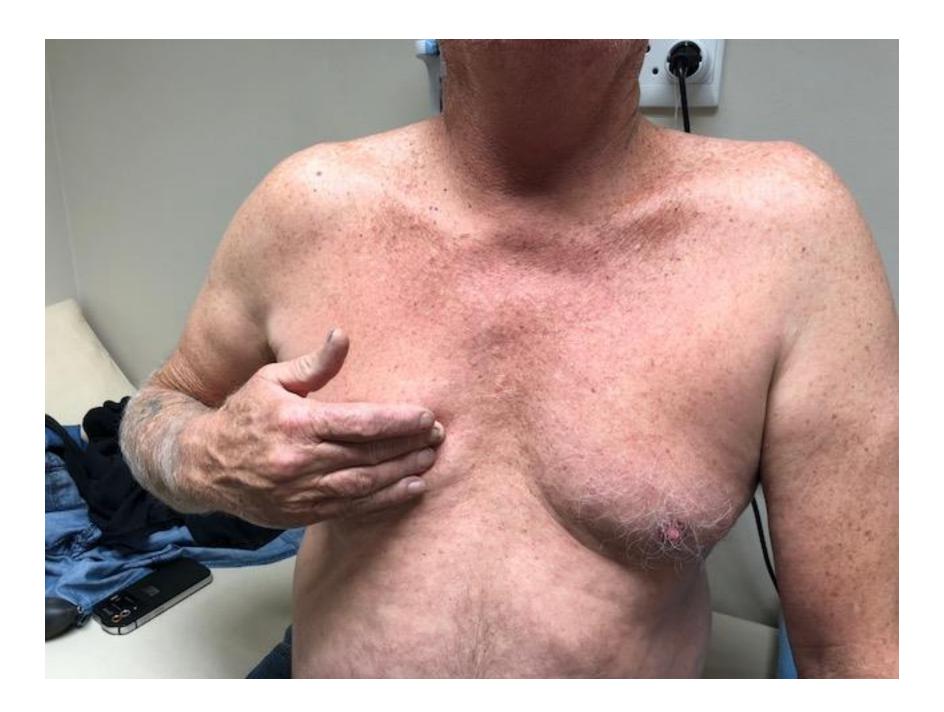






We support it! DO YOU? Yes/No let us know



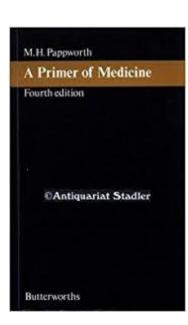


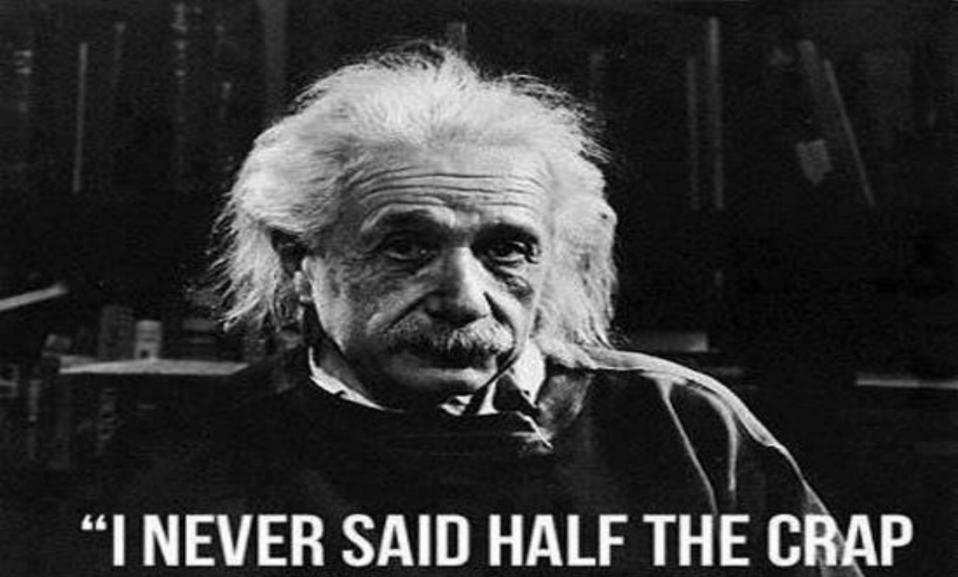
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Cancel Image from https://3.bp.blo... Send



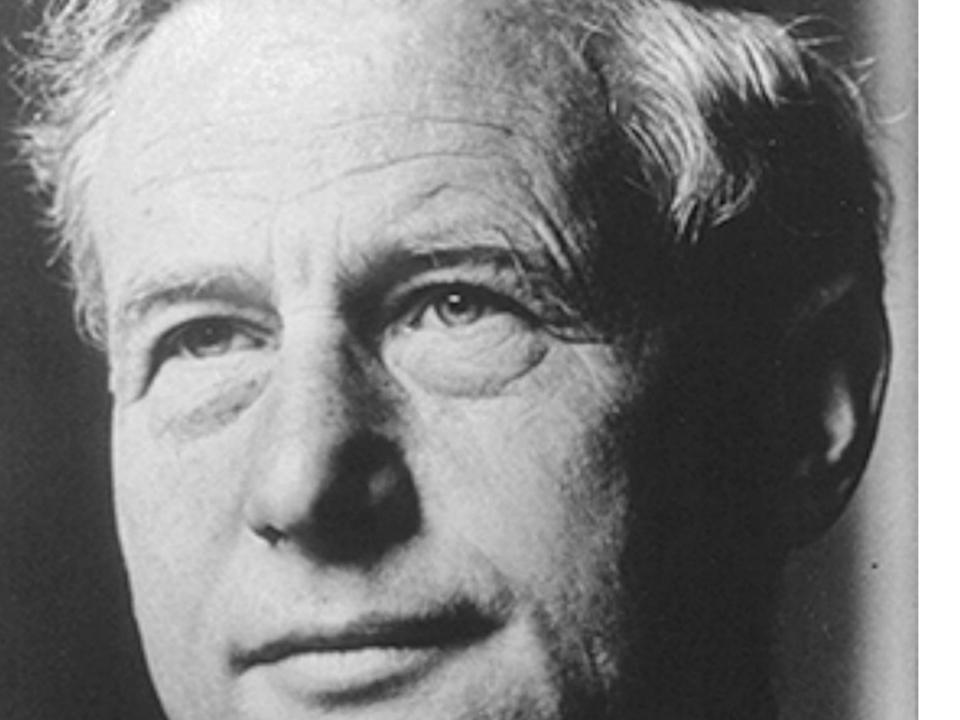
Sent from my iPhone



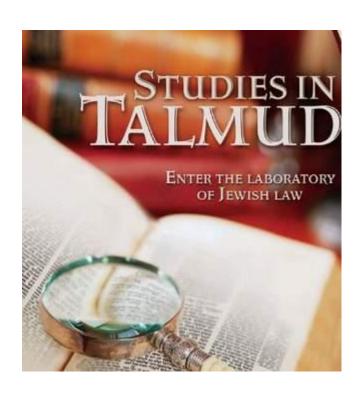


## PEOPLE SAID I DID"

**ALBERT EINSTEIN** 







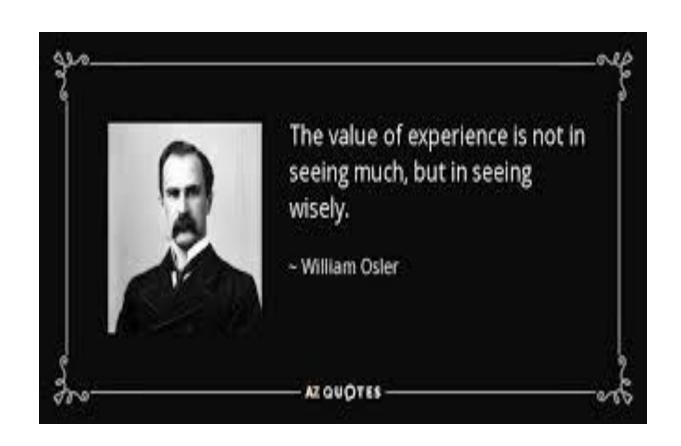
"WE ARE HERE NOT TO GET ALL
we can out of life for ourselves,
but to try to make the
LIVES OF OTHERS HAPPIER."

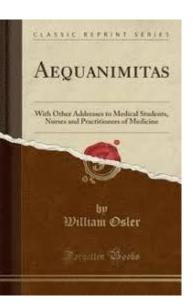
— SIR WILLIAM OSLER, MDCM 1872

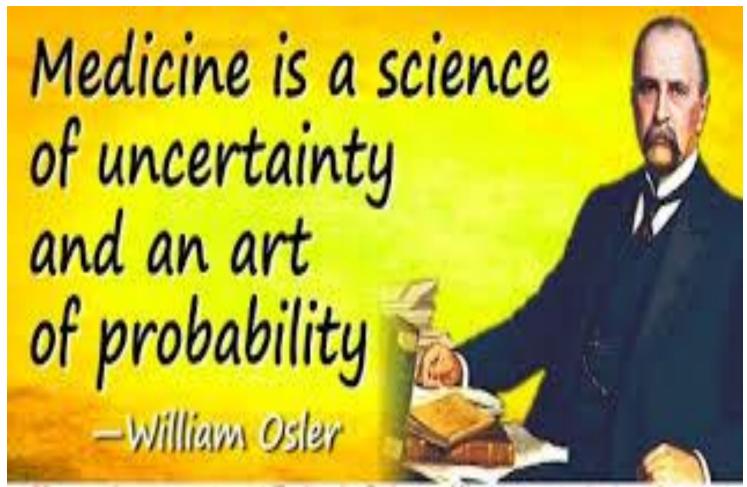


The ancients thought as clearly as we do, had greater skills in the arts and in architecture, but they had never learned the use of the great instrument which has given man control over nature — experiment. William Osler

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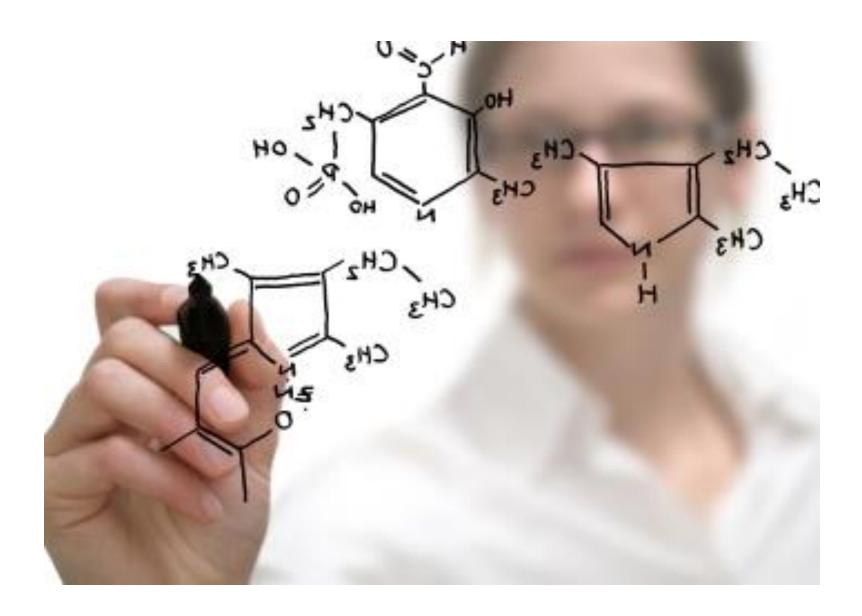




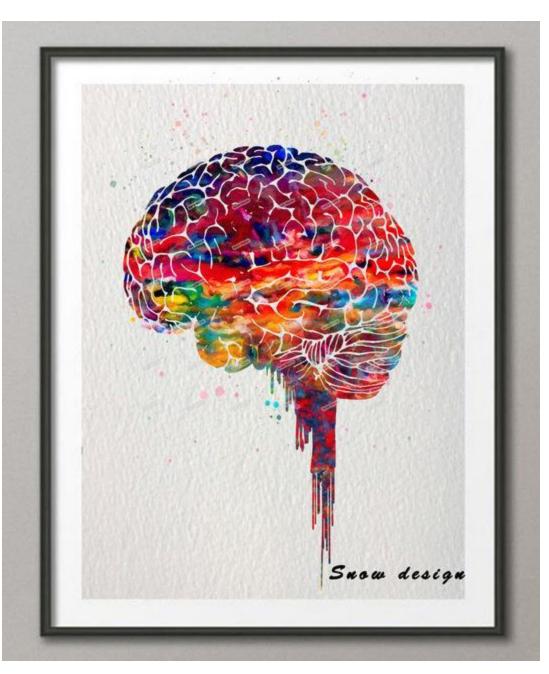


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